

Program Learning Outcomes

- ***Psychopathology Domain: Learning Outcome 1***-- Students will demonstrate an understanding of the DSM-IV-TR in relation to assessment, diagnosis, and differential diagnosis of mental disorders, personality disorders, and understanding of symptomology, etiology, treatment (inclusive of treatment plan and intervention across the lifespan) and write a comprehensive mental status exam.
- ***Psychopathology Domain: Learning Outcome 2***-- Students will accurately utilize the tools of psychological assessment of children and adults and accurately interpret testing results from various psychological assessment tools.
- ***Psychotherapy Domain: Learning Outcome 3***--Students will comprehend, integrate, and apply the major theories and basic empirical findings of psychotherapy practice, including systemic theories of marriage and family therapy. Students will be familiar with tenets of evidence based practice and findings from psychotherapy research.
- ***Professional Law and Ethics Domain: Learning Outcome 4***--Students will be able to recognize the ethical and legal codes for mental health professions and demonstrate personal and professional awareness of the relevancy of ethical issues and their implication for clinical work.
- ***Research Domain: Learning Outcome 5***--Students will understand research designs and parameters of psychological research and will implement a research study from start to finish via a written thesis

Curriculum Map for Master of Science in Clinical Psychology & Gerontology

		Program Level Learning Outcomes				
		Outcome 1	Outcome 2	Outcome 3	Outcome 4	Outcome 5
		Students will demonstrate an understanding of the DSM-IV-TR in relation to assessment, diagnosis, and differential diagnosis of various mental disorders, personality disorders, and understanding of symptomology, etiology, and treatment (inclusive of treatment plan and intervention across the lifespan) and write a comprehensive mental status exam. (Psychopathology Domain)	Students will accurately utilize the tools of psychological assessment of children and adult and accurately interpret testing results from various psychological assessment tools. (Psychopathology Domain)	Students will comprehend, integrate, and apply the major theories of psychotherapy, including systemic theories of marriage and family therapy. Students will be familiar with tenets of evidence based practice and research findings from psychotherapy outcome research. (Psychotherapy Domain)	Students will be able to recognize the ethical and legal codes for mental health professions and demonstrate personal and professional awareness of the relevancy of ethical issues and their implication for clinical work. (Professional Law & Ethics Domain)	Students will understand research designs and parameters of psychological research and implement a research study from start to finish via a written thesis. (Research Domain)
Required Courses						
CPY 4200	Group Psychotherapy			I, P		
CPY 4210	Psychopathology	I, P	I, P			
CPY 4215	Psychopathology	I, P				
CPY 4220	Cross Cultural Issues	*				
CPY 4205	Neurophysiology/ Psychopharmacology	*				
CPY 4235	Human Sexuality	*				
CPY 4240	Psychodynamic Psychotherapy	I, P	I, P			
CPY 4230	Lifespan Development	*				
CPY 4265	Diagnosis and Treatment of Addictions	P	P			
CPY 4225	Principles of Marital, Family & Child Therapy			I, P		
CPY 4270	Psychotherapeutic Techniques of Brief Therapy			P		
CPY 4275	Couples Psychotherapy	P	P			
CPY 4245	Professional Ethics and Law				I,P,M	

CPY 4250 or	Clinical Child Assessment & Treatment	P,M	P,M			
CPY 4255	Clinical Assessment of Adults	P,M	P,M			
CPY 4310	Cognitive Behavioral Therapy			P		
CPY 4260	Abuse in Family Systems			I, P		
CPY 4420	Clinical Practicum	M	M	M	M	
CPY 4422	Clinical Practicum	M	M	M	M	
CPY 4430	Clinical Case Seminar	M	M	M	M	
CPY 4432	Clinical Case Seminar	M	M	M	M	
CPY 4540	Advanced Clinical Seminar	M	M	M	M	
CPY 4884	Research: Methodology					I
CPY 4996	Research: Proposal					P
CPY 4997	Research: Completion					M
CPY 6992	Field Supervised Experience	P	P	P	P	

Please note that * courses are BBS required courses and must be offered regardless of correlation with learning outcomes.

Level of Delivery of Material:

I = Students are **I**ntroduced to the content/skill - material is taught at a basic level

P = Students **P**actice/apply the content/skill - material is taught in depth

M = Students demonstrate **M**astery of the content/skill - continued in depth teaching and/or synthesis



College of Arts & Sciences

Clinical Psychology & Gerontology
Department

Learning Outcome 3:

Psychotherapy Domain

Mission Statement for Psychotherapy Courses-MS Clinical Psychology/MFT Program

- To provide students with an understanding of the major theories and basic empirical findings for the practice of psychotherapy with children; adolescents; adults; couples; and families including behavioral therapy, cognitive behavioral therapy, psychodynamic therapy, humanistic therapy, child play therapy, couples therapy, brief therapy, and family systems therapy. Information on evidence-based practice; legal and ethical standards that apply to professional, clinical judgments; and clinical considerations with respect to gender, age, culture, ethnicity, sexual orientation, spiritual values, and other issues of diversity are integrated into all courses.

Class Educational Objectives:

- To educate students in the major theories of psychotherapy, and its application in clinical practice, as well as educating students on research findings regarding the practice of psychotherapy.
- To help students utilize and integrate their knowledge of psychopathology; clinical interviewing; assessment and diagnosis; case formulation and conceptualization; treatment intervention/planning into his/her practice of psychotherapy.
- To cultivate students' understanding of him or herself as a clinician; develop his/her capacity to establish a healing therapeutic relationship; work with his/her personal and professional responses as a psychotherapist; and provide clinical services with cultural competency and sensitivity.
- To develop students' knowledge base regarding particular treatment issues; expand his/her clinical repertoire for working with a range of more specialized clinical issues; and increase his/her capacity to apply clinical interventions in a skillful and attuned manner.
- To provide education and training to increase students' knowledge, competence, and growth in field work and applied settings in preparation for work in mental health settings. This is promoted through instructor supervised and facilitated focus on clinical cases; students' personal issues as relevant for their cases, integration of theory with practice, and feedback from colleagues and instructor.

Assessment Strategies/Tools

Program Outcomes	Related Objective(s)	Assessment
Understand a variety of therapeutic orientations and treatment models with an emphasis on how an in-depth understanding of theoretical, empirical, and applied concepts informs clinical work.	Demonstrate an appreciation of various treatment modalities, theoretical orientations, cultural factors, and ethical issues in clinical work, and practice applying various treatment models and clinical interventions .	Student Course Work; Faculty Course Assessment
Demonstrate growth in the use of applied psychotherapeutic techniques, assessment, diagnosis, crisis intervention, and the treatment of individuals, couples and families through courses and supervised practicum in the field.	Provide students opportunities to practice therapeutic interventions through classroom exercises; role-plays; case formulations/assessments; and treatment plans as well as direct clinical experience from field work and practicum experiences.	Student Course Work; Faculty Course Assessment; Supervisor Evaluations and Feedback from Field/Practicum Work
Formulate each students' theoretical and clinical style while also increasing his/her knowledge of others' therapeutic styles.	Develop relatedness, clinical skills, professional identity, professionalism, and confidence in clinical practice	Student Course Work; Faculty Course Assessment; Supervisor Evaluations and Feedback from Field/Practicum Work
Advance students' appreciation and awareness of working with clinical process including utilizing clinical interventions in an attuned and related way.	Improve students' understanding of evidence based practice, current mental health interventions, and the therapeutic treatment of specific clinic conditions and developmental/clinical issues, as delineated by the BBS.	Student Work; Faculty Course Assessment;
Integrate legal and ethical standards into culturally competent and sensitive clinical practice.	Develop a better relationship between the therapist's sense of self, values, professional behaviors, and ethics.	Student Course Work; Faculty Course Assessment;
Have fluency in oral and written case presentations to help increase students' readiness for the MFT exam and collegial consults.	Provide clinical training and training in psychotherapy that is consistent with BBS standards and requirements.	Student Course Work; Faculty Course Assessment; Supervisor Evaluations and Feedback from Field/Practicum Work; BBS Documentation

Psychotherapy Scoring:

Fall 2010, CPY 4240

- This course provides the theory, research, and fundamental concepts of psychodynamic psychotherapy, and surveys classical and contemporary theory and research in psychodynamic psychotherapy. It examines key clinical and therapeutic practice issues including the psychotherapeutic relationship, transference, countertransference, and conscious and unconscious processes. It focuses on the application of psychodynamic psychotherapy, including its integration with other schools of psychotherapy. Students learn through lecture, experiential exercises, role-play, clinical vignettes, and assignments including theoretical and empirical papers and examinations.
- Pre-test:
 - Mean Score = 63%
 - SD = 13.26
- Post-test:
 - Mean Score = 80%
 - SD = 8.51

Psychotherapy Scoring:

Spring 2011, CPY 4540

- This course focuses intensively on central topics germane to the practice of psychotherapy, clinical practice, and clinical licensure. Conducted in a seminar setting, it covers a broad spectrum of topics regarding clinical practice and research in the field of psychotherapy. It addresses a variety of specialized topics that students encounter in their work as clinicians including: trauma and recovery, addiction, developmental issues, evidence based practice, and mental health interventions. Students learn through lecture, experiential exercises, clinical vignettes, and assignments including theoretical and empirical papers. Students develop a presentation on a clinical topic that focuses on their clinical interests.
- Pre-test:
 - Mean Score = 65%
 - SD = 15.35
- Post-test:
 - Mean Score = 78%
 - SD = 10.82

Multi-year Assessment

	Outcome 1 Psychopathology Domain	Outcome 2 Psychopathology Domain	Outcome 3 Psychotherapy Domain	Outcome 4 Professional Law & Ethics Domain	Outcome 5 Research Domain
2008-2009	X (CPY 4210 in Fall 2008; CPY 4215 in Spring 2009)				
2009-2010		X (CPY 4250 in Fall 2009; CPY 4255 in Spring 2010)			
2010-2011			X (CPY 4240 in Fall 2010; CPY 4540 in Spring 2011)		
2011-2012				X (CPY 4245 in Summer I 2011 and 2012)	
2012-2013					X (CPY 4997 in Fall 2012 and Spring 2013)

Conclusions/Recommendations

- This assessment demonstrates improvement in the Psychotherapy Domain. Learning outcomes are consistent with Departmental and state-mandated (Board of Behavioral Sciences) objectives regarding the practice of psychotherapy including an emphasis on therapist personal development, training in evidence based and promising mental health practices, and clinical interventions such as case management, connection with community resources, and community-based treatment. Thus, we proceed with our current program.
- For the future, we will continue to stay abreast of integrating developments recommended by the field and the BBS, and will emphasize community outreach and community collaboration.
- Experiential learning via clinical vignettes is consistent with licensure requirements for Marriage and Family Therapists in California. We will continue this practice.
- In conclusion, we are aligned with learning outcomes and objectives within the Department and regulatory Board (BBS).

Student Work Sample

- See pdf